



Antidotes for Healing the Human Body



The Knees and Their Spiritual Correspondence

The knees correspond to a state of reverence, service and submission to God. These qualities reflect an acknowledgment that God's ways are higher than our ways and His thoughts higher than our thoughts. Bending knees reflect humbleness, entreatableness, and a submissive attitude. The knees also correspond to prayer life, because of the bending of knees in prayer. If there are knee problems, there are problems with pride and lack of submission to God and others. This can lead to trusting in oneself and a deficient prayer life because of one's ego producing a self-serving mindset.

Antidotes for Knee Problems

To assist with knee problems, we begin by trusting in God, leaning on Him, and talking to Him for counsel and advice. Practice submitting to others and being entreatable. Don't shun good advice. Be willing to implement it for many times others can see what we cannot.

"Strengthen ye the weak hands, and confirm the feeble knees." Isaiah 35:3-4

"Wherefore lift up the hands which hang down, and the feeble knees; and make straight the paths for your feet, lest that which is lame be turned out of the way; but let it rather be healed. Follow peace with all men and holiness without which no man shall see the Lord: looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble you, and thereby many be defiled..." Hebrews 12:12-13

"As I live, saith the LORD, every knee shall bow to me...So then everyone of us shall give account of himself to God." Romans 14:11b-12

"Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths. Be not wise in thine own eyes: fear the LORD, and depart from evil. It shall be health to thy navel, and marrow to thy bones." Proverbs 3:5-8