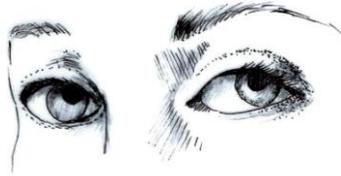




Antidotes for Healing the Human Body



Eyes

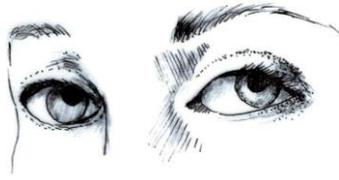
Spiritual Correspondence of the Eyes

Eye problems in general correspond to a false perception of what is good and true. According to the book *Physiological Correspondences*, “the left eye corresponds to the understanding of what is true, and the right eye to the understanding of what is good.”¹ If we have problems with our right eye, we have a wrong understanding of what is good. If we have problems with our left eye, we have a wrong understanding of what is true. We are using false standards and emotions in how we perceive.

Because eyesight provides more information to our brain than all the other senses, we can see how important our perception is for the health of the body. How we perceive something has a great influence on the effectiveness of the energy flow to our eyes. If we see things with a good and right attitude, energies flow freely to the eyes. If we perceive something good from God’s perspective as something bad, it causes the energies to the eyes to become depleted, creating energy blockages to the spiritual eyes that materialize in eye problems. Perceiving incorrectly creates an anxiety which mischannels energy to the eyes. This anxiety can cause eye pressures to rise. When these conditions are prolonged, it can damage the optic nerve and eventually damage our vision. Everything stems from how we perceive something.

When we have an erroneous view instead of God’s perspective on a thing, it darkens our spiritual understanding. This diminishes energy to our eyes. When our own desires become our standard instead of the truth, we confuse evil with good and good with evil without realizing it. Before eye problems materialize, they begin in the spirit realm, where our thoughts are conjoined with desires that we believe to be good. We act upon it, and it becomes our truth. Because it may not be the actual truth, a veil remains upon our mind’s eye. This veil prevents us from identifying the error we believe in and hinders the healing process. This in time will manifest in the corresponding eye problems to show us that our spiritual perception is being blocked.

“By...seeing ye shall see, and shall not perceive:
for this people's heart is waxed gross,
and their ears are dull of hearing,
and their eyes they have closed;
lest at any time they should see with their eyes,
and hear with their ears,
and should understand with their heart,



and should be converted,
and I should heal them.^{»ii}

Spiritual Correspondence of the Eyes (continued)

Truth will either unveil us or blind us depending upon our attitude. It is our choice to either remain in error or to see clearly. Jesus clarified his mission regarding our perception when He said, “For judgment I am come into this world, that they which see not might see; and that they which see might be made blind. And some of the Pharisees which were with him heard these words and said unto him, ‘Are we blind also?’ Jesus said unto them, If ye were blind, ye should have no sin: but now ye say, We see; therefore your sin remaineth.”^{»iii} When we are able to see our blindness, we become unveiled to the error of our thinking, which frees us. If we cannot see our error, we will insist that we can see correctly. Our own denial will prevent our healing. We see clearly by getting God’s mind from the source of light that comes from the Word of God.

“The entrance of thy words giveth light;
it giveth understanding unto the simple.”^{»iv}

Truth enlightens our mind and gives us a higher understanding with a clarity that we would not receive on our own. As a result, veils are removed from our spiritual eyes, and we understand things from a higher perspective. Truth from scripture quickens our spirit and strengthens the energy fields to our eyes. It provides us with a new perspective and a renewed hope. When good and truth enter our hearts, it enables us to see our error so that we can be a better person.

Macular Degeneration

The macula portion of the eye over time can degenerate from heredity, aging, or improper diet. The macula is responsible for fine tune vision. Macular degeneration does not affect peripheral vision or seeing in color.

At the time of this writing, I was diagnosed with the beginning of macular degeneration which has since been stabilized. My ophthalmologist told me that having the symptoms does not always mean it gets worse to the point of blindness. It varies by individual. I was given a list of dark green and orange vegetables and fruits to add to my diet. I looked up some additional nutritional supplements that have been documented to prevent additional eye damage on www.naturaleyecare.com. My mother had macular degeneration, and in her nineties was legally blind in both eyes. Because this is a hereditary problem, I have the choice of not allowing the behavior that causes this condition to rob my vision as well. The behaviors that accompany this condition are stronger in me, because they come through the hereditary line from birth.



Macular Degeneration (continued)

Conditions like this are presented for us to identify and overcome by identifying the corresponding behavior. The best we can do is to target this behavior and “feed” the eye with the right attitude, perception, and nutrition. The rest we leave in God’s hands.

Spiritual Causes and Antidotes for Macular Degeneration

In simple terms, the spiritual cause of macular degeneration is hypocritical judging—blaming someone else for their faults, but not identifying them within ourselves. Human nature is such that it is easier to blame someone else than to deal with our own weaknesses.

Seeing ourselves means that we are willing to be honest and shown that our perspective is wrong. Jesus gave us an applicable remedy when He said,

“And why beholdest thou
the mote that is in thy brother's eye,
but considerest not the beam
that is in thine own eye?
Or how wilt thou say to thy brother,
Let me pull out the mote out of thine eye;
and, behold, a beam is in thine own eye?
Thou hypocrite,
first cast out the beam out of thine own eye;
and then shalt thou see clearly
to cast the mote out of thy brother’s eye.”^v

Spiritual Causes and Antidotes for Macular Degeneration (continued)

Looking to blame others or situations outside of ourselves will create a “mote” or impairment in our eye. Take note that the “beam” in our eye is larger than the “mote” that we see in another’s eye. When we acknowledge our own faults, blame towards others begins to dissipate. Doing a kindness or praying for them diminishes the mesmerizing effects that their faults have made on us. The secret is not to focus on them.

“Love...is not irritable or touchy. It does not hold grudges and will hardly even notice when others do it wrong.”^{vi}

Nearsightedness

Spiritual Causes for Nearsightedness

The spiritual cause for nearsightedness according to *God Can Heal You* is, “Lacking vision (long range); foresight; worldliness; lust.”^{vii} Nearsightedness causes us to be unable to see far. This condition



Spiritual Causes for Nearsightedness

manifests when we focus only in the present which can cause us to be overtaken by the world's attractions and lusts. If we can identify how this perspective is affecting us, we will gain greater insight into how our mind operates.

Antidotes for Nearsightedness

“A wise man is cautious and avoids danger; a fool plunges ahead with great confidence.”^{viii} Never be so sure of yourself that you throw common sense to the wind.

“A wise man thinks ahead; a fool doesn't, and even brags about it!”^{ix} Being rash causes us to do everything last minute regardless of the effects it has on others. Thinking ahead helps us avoid problems and prevents us from taking advantage of others.

“O that they were wise, that they understood this, that they would consider their latter end!”^x

The decisions we make now will cause us to either gain or lose opportunities for a heavenly life.

“He that hasteth to be rich hath an evil eye, and considereth not that poverty shall come upon him.”^{xi}

Evaluating our spiritual priorities will lead us in the right direction.

“A prudent man foresees the difficulties ahead and prepares for them; the simpleton goes blindly on and suffers the consequences.”^{xii}

ⁱ John Worcester, Physiological Correspondences (Bryn Athyn, PA: Swedenborg Scientific Association, 1987) 302. Used with permission

ⁱⁱ Matthew 13:14b-15.

ⁱⁱⁱ John 9:39b-41.

^{iv} Psalm 119:130.

^v Matthew 7:3-5.

^{vi} 1 Corinthians 13:5b TLB.

^{vii} God Can Heal You (New Britain, CT: Truth Center, Inc., 1987) 8. Used with permission.

^{viii} Proverbs 14:16 TLB.

^{ix}Proverbs 13:16 TLB.

^xDeuteronomy 32:29.

^{xi}Proverbs 28:22.

^{xii}Proverbs 22:3 TLB.

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