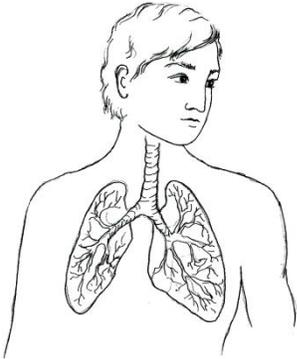




Antidotes for Healing the Human Body



Lungs

The Breath of Life

When God created man, He created within him everything that he needed to have in order to live in love and communication with Him. He breathed into Adam's nostrils the breath of life enabling him to become a living soul (Genesis 2:7). The word, "breath," in this context in the Hebrew, means divine inspiration. As we breathe in, we are taking in God's life which by spiritual representation is His inspiration. This is what gives us guidance and direction in life and keeps us alive and connected to the heavens. It was God's intent that Adam live by this inspiration in order to remain in communication with His thoughts and feelings.

"But there is a spirit in man:
and the inspiration of the Almighty
giveth them understanding."¹

Spiritual Correspondences of the Lungs

The condition of our lungs is determined not only by preventative health measures, but by how well we follow the inspiration of wisdom that comes from the Holy Spirit. This Spirit inspires us with thoughts and actions of love and self-denial. When we follow them, we are filled with an inward contentment and joy. By complying with our first thoughts and feelings, we are able to overcome our selfish tendencies. When we do, we receive greater inspirations from the love of God. This love empowers our God-given nature. It is life-giving and speaks to our hearts bringing to our remembrance words from God that nourish our soul and spirit.

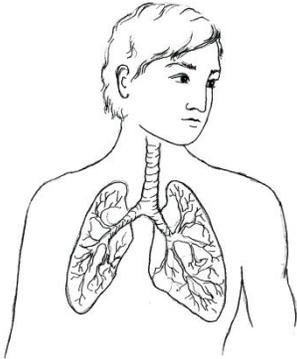
Spiritual Causes of Respiratory Disorders

According to *God Can Heal You*, the following are the spiritual causes for respiratory disorders. Understanding these causes will help us uncover our antidotes.

- "Bronchitis: Not easy to be entreated; insensitivity to the Spirit of God."



Antidotes for Healing the Human Body



Spiritual Causes of Respiratory Disorders (continued)

- “Pneumonia: Overwhelmed by evil emotions; lack of trust in God in very trying situations; very cold to God.”
- “Emphysema: Resisting the Holy Ghost; stubbornness; inflexibility; great restriction in allowing the Holy Spirit to inspire.”
- “Asthma: Not trusting in God; proud; very haughty spiritually.”
- “Respiratory tuberculosis: Spiritual filthiness; uncleanness; “stagnation” of spirit; lacking the fear of God; disobedience to God’s Spirit.”ⁱⁱ

All respiratory disorders have to do with how we are reacting to the leadings and impressions that we receive from God.

Once we identify these causes in our lives, we can counteract the negative behavior by acting in the opposite manner. If it is pride motivating us, act in humble ways. If it is insensitivity, look for ways to be more entreatable. If it is stubbornness, practice being open minded to others. The real antidote is in the action we take, for this will assist in healing the affected areas.

“Keep a close watch on all you do and think.
Stay true to what is right and
God will bless you and use you to help others.”ⁱⁱⁱ

Antidotes for Respiratory Disorders

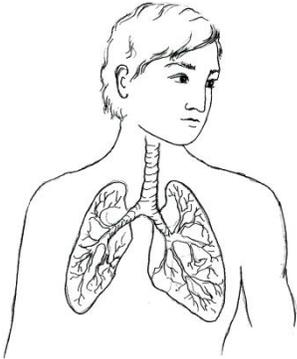
“Wherefore do ye spend money for that which is not bread? and your labour for that which satisfieth not? hearken diligently unto me, and eat ye that which is good, and let your soul delight itself in fatness.”^{iv}

“Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.”^v

“Let there be no...impurity or greed among you. Let no one be able to accuse you of any such things.... You can be sure of this: The kingdom of Christ and of God will never belong to anyone who is impure or



Antidotes for Healing the Human Body



Antidotes for Respiratory Disorders (continued)

greedy, for a greedy person is really an idol worshipper—he loves and worships the good things of this life more than God.”^{vi}

“Tell those who are rich not to be proud and not to trust in their money, which will soon be gone, but their pride and trust should be in the living God who always richly gives us all we need for our enjoyment. Tell them to use their money to do good. They should be rich in good works and should give happily to those in need, always being ready to share with others whatever God has given them. By doing this they will be storing up real treasure for themselves in heaven—it is the only safe investment for eternity! And they will be living a fruitful Christian life down here as well.”^{vii}

Choking: Spiritual Causes and Antidotes

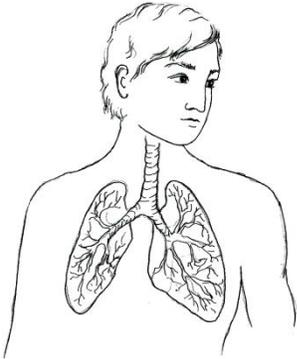
“And these are they which are sown among thorns;
such as hear the word, and the cares of this world,
and the deceitfulness of riches,
and the lusts of other things entering in,
choke the word, and it becometh unfruitful.”^{viii}

This scripture contains three pursuits that cause the Word of God to be “choked” in our lives: the cares of the world, undue importance on money, and excessive desires for other things. The truth cannot take root in our hearts when these take priority in our lives. If we have a bout of choking or coughing, we have to ask ourselves—what am I thinking or feeling that is restricting God’s inspiration in my life right now? It may be what we were talking about at that moment or how we were saying it.

Excessive phlegm is produced when we have been overcome with proud motivations and desires. As a result, we do things in excess because of that pride. When these are not identified in our lives, excess phlegm begins to manifest itself. Once we identify the cause, cast it out and replace it with positive, angelic qualities. Look for ways to implement humbleness in your behavior. Do this for the next twenty-one days to establish it as a habit.



Antidotes for Healing the Human Body



Choking: Spiritual Causes and Antidotes (continued)

Another simple way of casting out spirits is to say the word, peace. This mitigates the affecting spiritual influences within and around us and clears the “air” in spirit. This is a command that Jesus gave us to say whenever entering into a house. We can do the same when we need to make a change in our spiritual state. I have found it very beneficial and have witnessed my day go much better when using it.

“And into whatsoever house, ye enter, first say,
Peace, be to this house.”^{ix}

ⁱJob 32:8.

ⁱⁱGod Can Heal You, (New Britain, CT: Truth Center, Inc., 1987) 4. Used with permission.

ⁱⁱⁱ1 Timothy 4:16 TLB.

^{iv}Isaiah 55:2.

^vHebrews 13:5.

^{vi}Ephesians 5:3, 5 TLB.

^{vii}1 Timothy 6:17-19 TLB.

^{viii}Mark 4:18-19.

^{ix}Luke 10:5.

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