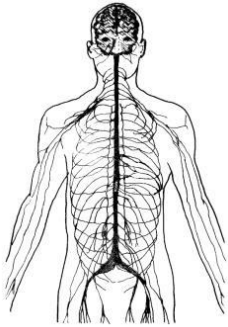




Antidotes for Healing the Human Body



Parkinson's Disease

Parkinson's is a neurological disorder. It is caused by a chemical imbalance in the brain, which is short of the required amount of dopamine, a neurotransmitter. Dopamine is a substance which allows nerve cells to communicate with each other. Dopamine must work together with acetylcholine, another neurotransmitter, to control the body's balance to produce a normal, operative state of stability for the muscles to move properly. A healthy brain requires proper communication from these messengers in the cells in the proper ratio so that the rest of the body is able to function. If the brain cells does not properly communicate to the rest of the body, the muscles become limited and restricted.

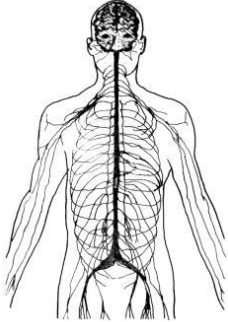
Spiritual Causes of Parkinson's Disease

According to God Can Heal You, this disease is caused by “stubborn refusal to trust in God; refusal to look to God in time of trouble; fearfulness in trusting God; public-opinion minded.”

When we have other loves that we trust in other than God, it is very easy to lose control during a troublous time. We can lose hope and focus more on protecting ourselves. When life consists of feeling abandoned, losing hope, and running away from fearful situations, we become spiritually immobile and paralyzed by situations and people who produce it. We leave off communicating with God who could walk us through these fears. When this mind-set is held for years without resolution, the effects begin to reflect themselves in the body. The habitual fear and stress create a deficiency of dopamine and an overproduction of acetylcholine to the nerve cells. This condition is created either from our own lifestyle or the behavioral weaknesses inherited through the genes of our ancestors. The cells become so inundated that they can no longer communicate proper nerve signals to the muscles, and they begin to lose their functionality.



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Spiritual Causes of Parkinson's Disease (continued)

Abandonment from a spouse or children can leave a person with heightened fear and anxiety. There are many causes of abandonment: neglect, abuse, divorce, or death. When our hopes and expectations are cut off, the prolonged stress affects the production of our neurotransmitters. The mind causes the body to reflect its emotional state; it loses its control and slips into a state of imbalance and unrest.

Antidotes for Parkinson's Disease

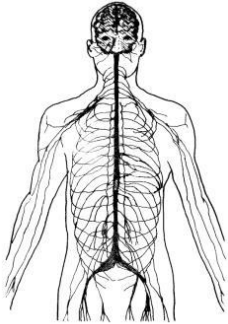
The development of love and trust in God as having control over life is vital for healing this disease. Facing our fears and resolving situations within ourselves can bring us a renewed trust in the goodness of God. This involves letting go of past situations that have produced these fears. This, in turn, will diminish the effects of being overcontrolling, which usually masks our worst fears. Approaching how we feel internally with a calm, introspective attitude can give us the faith we need to identify these fears within our lives.

God within us can walk us through these fears by inspiring us to write down the thoughts and feelings that we have held in for so long. Different people have different ways of resolving fears. A friend of mine with Parkinson's had her catharsis by taking a pen and writing down her feelings on pieces of paper, a little each day. We made continual trips for a few weeks to visit a quiet, peaceful spot by a lake, a park that reminded her of a place she had once loved. When she finished her writing, she burned the papers in a pan over an outside fire pit. Then we scattered the ashes to the wind. For her, this gesture was a way to let go of the negative effects that life's hurts had on her. This way, she could let go and move on with resolve.

Creating a new perspective from our deferred hope sometimes needs a symbolic gesture. This is a confirmation of our commitment to move forward. It strengthens our faith in God's plan



Antidotes for Healing the Human Body



Antidotes for Parkinson's Disease (continued)

and His over control in allowing the situations we encounter, which many times cannot perceive under duress. This faith gives us hope. We may not see its results in the present, but it plants an eternal seed that springs forth within us. Faith and hope provide strength to a wounded spirit. However, hope that is seen is not hope. Whatever illness has plagued us in this world, if we have done our best to deal with its spiritual causes, God will assist in its resolve in the next life. Our resolving of issues provides us with a foundation that enables us to move forward and progress in life's journey.

“Surely I have behaved and quieted myself, as a child that is weaned of his mother: my soul is even as a weaned child.”ⁱ

“Commit thy works unto the LORD, and thy thoughts shall be established.”ⁱⁱ

Trust increases our dependency upon God and fills us with an inward satisfaction of knowing who we are, despite our outward circumstances.

ⁱ Psalm 131:2.

ⁱⁱ Proverbs 16:3.