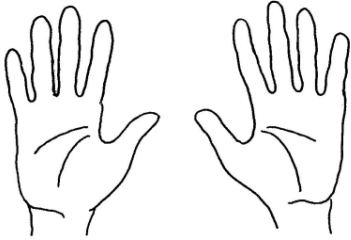




Antidotes for Healing the Human Body



Hands

Spiritual Correspondences of the Hands and Arms

The aura of both of our hands contains a record of all our works. These works are imprinted on our hands. Because the hands are what we work with, how we work is reflected in the condition of our hands. They convey what we do and what we hold onto or trust in. The hands can be used to take things that do not belong to us or be used to give unselfishly to others. In *Heaven and Hell*, translated by George Dole, we see how angels access our life's works after death: "When we are being faced with our deeds after death, angels who have been given the task of examining look searchingly into the face and continue their examination through the whole body, beginning with the fingers first of one hand and then of the other and continuing through the whole."ⁱ The fingers of our spiritual hands convey to them all of the works that we have done in our body.

Another version of *Heaven and Hell* conveys that our arms and hands reflect the power of our works: "Moreover, the power of the whole man passes into the arms, and by means of these the whole body exercises its powers. It is for this reason that in the Word 'arms' and 'hand' signify powers."ⁱⁱ

The hands also represent our abilities. Our right hand corresponds to abilities that are used for what is good, and our left hand corresponds to abilities that are used for what is true. Determining which hand we have a problem with will help us learn the spiritual cause. If we have a problem with our right hand, it reveals there is a problem with our motives in doing what is good. If we have a problem with our left hand, it reveals that there are false standards that we are holding onto to do what we think is right.

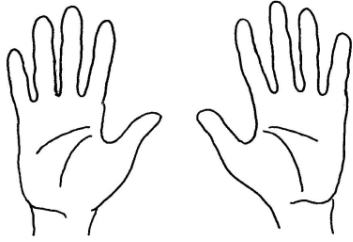
Below is a list of scriptural antidotes that assist with healing hand problems and injuries:

Antidotes for Hand Problems/Injuries

"Honour the LORD with thy substance, and with the firstfruits of all thine increase: so shall thy barns be filled with plenty, and thy presses shall burst out with new wine."ⁱⁱⁱ

"Don't withhold repayment of your debts. Don't say 'some other time,' if you can pay now."^{iv}

"The lazy man longs for many things but his hands refuse to work. He is greedy to get, while the godly love to give!"^v



Antidotes for Hand Problems/Injuries (continued)

“If your hand does wrong, cut it off. Better live forever with one hand than be thrown into the unquenchable fires of hell with two!”^{vi}

It is better to identify the motivating spirit that is causing you to steal and get rid of it than to have that spirit remain within you and bring you into its hell after death. Cut it off by casting it out and restoring what you have taken. By freeing yourself this way, heaven and its healing energy will have access to you.

“Let him that stole steal no more: but rather let him labour, working with his hands the thing which is good, that he may have to give to him that needeth.”^{vii}

Do not charge interest to a friend who wants to borrow money from you.

“If someone demands your coat, give him your shirt besides. Give what you have to anyone who asks you for it; and when things are taken away from you, don’t worry about getting them back. Treat others as you want them to treat you. Do you think you deserve credit for merely loving those who love you? Even the godless do that! And if you do good only to those who do you good—is that so wonderful?”^{viii}

“And that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you; that ye may walk honestly toward them that are without, and that ye may have lack of nothing.”^{ix}

“This should be your ambition: to live a quiet life, minding your own business and doing your own work.... As a result, people who are not Christians will trust and respect you, and you will not need to depend on others for enough money to pay your bills.”^x

“Will a man rob God? Yet ye have robbed me. But ye say, Wherein have we robbed thee? In tithes and offerings.... Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the LORD of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.”^{xi}

ⁱ Swedenborg, *Heaven and Hell*, Translated by George Dole, West Chester, PA: Swedenborg Foundation, 2000, 351 n. 463. Used with permission. ⁱ

ⁱⁱ Swedenborg, *Heaven and Hell*, New York: Swedenborg Foundation, 1978, 124 n. 231. Used with permission

ⁱⁱⁱ Proverbs 3:9–10.

^{iv}Proverbs 3:27–28, TLB.

^vProverbs 21:25–26 TLB.

^{vi}Mark 9:43–44 TLB.

^{vii}Ephesians 4:28.

^{viii}Luke 6: 29b–33a TLB.

^{ix}1 Thessalonians 4:11–12.

^x1 Thessalonians 4:11a–12 TLB.

^{xi}Malachi 3:8, 10.

Scripture quotations marked (TLB) are taken from *The Living Bible* copyright © 1971. Used by permission of Tyndale House Publishers, Inc., Carol Stream, Illinois 60188. All rights reserved.